

Saura Scoop

February 1, 2013

South Stokes

Counseling Department

PSAT & PLAN Scores, Curriculum Fair, & Registration

After being cancelled TWICE for weather, we hope to distribute scores on Monday, February 4. The a session about interpreting PLAN and PSAT scores will begin at 7:00 pm in the library at South Stokes.

The CURRICULUM FAIR will also be held on Monday evening from 6:00-8:00 pm here at South Stokes in preparation for registration.. This is an excellent time to talk to teachers about what is taught in classes, the materials that are used, and learn more about academic and elective courses offered.



REGISTRATION for the 2013-2014 school year will be held next week as well. Counselors have been meeting with students in class and individually to help select classes for next year that are aligned with the plans for after high school. On Wednesday, February 6th, students will visit all of their teachers from this year for recommendations regarding next year's classes as well. Wednesday evening, students and parents should review the courses, sign the registration sheet, and return it to school on Thursday. Registering for classes now helps determine which courses our school offers next year and students should thoughtfully consider how to best prepare themselves for college and/or careers with their selections.

WEB RESOURCES

All students are encouraged to spend time researching careers, colleges, and training programs to help them prepare for life after high school. Students have used the computer lab to begin this research and may want to continue investigating options at home. CFNC.ORG and COLLEGEBOARD.ORG are great websites to help students and parents learn about college programs, admissions, and careers. All students should have a CFNC account and if they need help accessing it they should see their counselor.

Preparing for college admissions tests, whether for four-year or community colleges is another important step for students as they prepare for colleges and careers. Not only are most colleges requiring entrance testing, many employers, too, administer assessments to determine applicants' skills. Doing well in high school courses and preparing for entrance tests using the resources provided at school and the websites under LINKS on the Counseling Center's Website are some of the best ways to anticipate and prepare for the future!



Johnna Cheek

Counselor

9th & 11th Grade

E-mail: johnna.cheek@stokes.k12.nc.us

Christina Sawyer

Counselor

10th & 12th Grade

christina.sawyer@stokes.k12.nc.us

Lynn Wright

Secretary

E-mail: lynn.wright@stokes.k12.nc.us

South Stokes High School
1100 South Stokes High Drive
Walnut Cove, NC 27052

Website: south.stokes.k12.nc.us
click on Counseling Center

Phone: 336-994-8495 or 994-2995
Fax: 336-994-2608

National College Fair

Sunday, March 17th from 12:00 pm – 4:00 pm there will be a National College Fair at the Park Expo and Conference Center in Charlotte. The following Tuesday, March 19 the College Fair will be held from 4:00-8:00 pm at the Raleigh Convention Center. Students who are considering going to an out-of-state college may want to attend one of these events to learn more from their admissions staff. For a list of the colleges that will be present at the College Fair visit

<http://www.nacacnet.org/college-fairs/SpringNCF/Pages/default.aspx> or see Mrs. Cheek.

Enrichment Opportunities

North Carolina Boys & Girls State

Sponsored by The American Legion, Tar Heel Girls State and Boys State are one-week residential enrichment programs that allow students to learn first-hand about the ideals and objectives of American government. Boys State will be held June 16-22 and Girls State will be June 9-15. Both programs are held at Catawba College. The cost for the program is approximately \$350 and some scholarships are available for needy students. If you would like more information or are interested in learning more, please see Mrs. Cheek.

Girls State: <http://www.thgs.com/>

Boys State: <http://www.ncboysstate.org/>

SCIBLS

July 8 – August 2 the College of Agriculture and Life Sciences at NC State University will host the 2013 Summer College in Biotechnology and Life Sciences (SCIBLS). This unique academic opportunity allows rising juniors and seniors with a 3.5 GPA and higher and who are interested in biotechnology and/or science to earn college credits during the summer. While there is a cost for tuition, housing, etc. this is a great way to get a jump start on your college. For more information or to apply, go to www.cals.ncsu.edu/scibls or see Mrs. Cheek.

Center for the Environment Summit

The Center for the Environment at Catawba College is hosting "Redesigning our future: A National Environmental Summit for High School Students" July 8-13. Current sophomores and juniors are eligible to apply. The registration is \$400 and includes all meals, lodging, and instruction. For more information go to www.centerfortheenvironment.org, call 704-637-4727, or see your counselor.

2013 Heels for Success @ UNC Chapel Hill

Heels for Success is a one-day summer program to help academically-talented rising sophomores and juniors prepare for college. Learn about the SAT, explore the Carolina campus, and learn how to manage the college application process. Current freshmen and sophomores in the top 10% of their class taking honors courses are eligible for nomination. If you are interested in being nominated, please see your counselor.

LENS @ Wake Forest

LENS @ Wake Forest is a three-week summer program that equips students with an academic foundation to become global citizens. This year's theme is **Sustainability: Operate locally and extend globally**. The program will be held on the campus of Wake Forest University July 13 – August 1, 2013. Current high school sophomores and juniors are eligible to apply for the program. The tuition is rather steep, but there is an application for financial assistance for students. For more information, visit lens.wfu.edu/apply.

Duke University Youth Programs

Duke University offers a variety of summer camps for students in grades 5-11. All do have costs associated with the camps. For more information about the options available and costs, go to www.learnmore.duke.edu/youth.

Martha Guy Summer Institute for Future Business Leaders (MGSi)

Appalachian State University will host the 10th annual Martha Guy Summer Institute. This three-week program includes a residential experience and travel to Washington, D.C. and New York City. Twenty-four students will be chosen to participate. Although tuition is \$1000 this includes the program AND the travel. Need-based scholarships for the program are also available. High school juniors who are interested in business as a college major should consider applying. Applications are due by March 11. For more information or to apply, go to www.marthaguy.appstate.edu.

Al Neuharth Free Spirit and Journalism Conference

High school juniors who are interested in careers in journalism are strongly encouraged to consider applying for the Al Neuharth Free Spirit Scholarship and Journalism Conference. The conference will be held July 13-18 in Washington, D.C. The 51 participants chosen to attend the conference will have all travel, lodging, and meals covered by the Freedom Forum. Students who complete the summer experience will also receive a scholarship for the college of their choice. For more information, go to www.freespirit.org or see Mrs. Cheek

DATES TO REMEMBER

February 4 – 6-8 pm Curriculum Fair

February 4 – 7 pm PLAN, PSAT and College Admissions Test Info (Library)

February 6 – Registration Day, Early Dismissal

February 9 – 8:30 am MCJROTC Cornhole Tournament

February 14 – PROGRESS REPORTS

February 18 – STUDENT DAY (Make-up for Jan 18)

February 19 – Parent/Teacher Conferences

March 5 – ALL JUNIORS take ACT